# Drawing and Talking

### <u>Overview</u>

The Drawing and Talking therapeutic approach allows children to discover and communicate emotions through a non-directed technique.

## Who accesses this?

The Drawing and Talking technique is used with anyone who has suffered trauma or has underlying emotional difficulties.

### <u>Structure</u>

A one to one session completed once a week for 12 weeks. Each session lasts no longer than 30 minutes.



<u>Staffing</u> Mrs Smith

# <u>Assessment</u> No formal assessment prior to intervention.



