

LEGO Therapy

Overview

LEGO therapy is designed to encourage interaction and collaborative working. Children will take it in turns each session to take on the role of either engineer, supplier and builder. Each role has a set of rules they have to follow. The group will need to work together to make a LEGO model. Lego Therapy encourages sharing, communication, problem solving and reinforces positive behaviour.

Staffing

Mrs Hicklin



Assessment

This will be done at the beginning and end of the intervention to identify the area of need using the Lego Therapy Assessment Tool.

Who accesses this?

Children who require support/help with developing their communication and social skills to enable them to build positive relationships with their peers.

Structure

Each week children will take part in 1 x weekly 20 minute sessions for 6 weeks.

