

SPRING/SUMMER 2023

WEEK 1

WEEK COMMENCING

20 February, 13 March,
3 April, 24 April, 15 May,
5 June, 26 June, 17 July,
7 August, 28 August



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Cheese & tomato pizza
roast new potatoes
carrot sticks
& sweetcorn

Milk Gluten



Fruit flapjack
OR
Fruit

Gluten



TUESDAY

Chicken fajitas
diced potatoes
crunchy vegetables

Gluten



Strawberry ice-cream tub
OR
Fruit

Milk



WEDNESDAY

Spaghetti Bolognese
garlic bread
carrot & cucumber sticks

Milk Gluten Soya Fish



Marble slice
& custard
OR
Fruit

Gluten Milk



THURSDAY

Nottinghamshire sausages
gravy, Yorkshire pudding
mashed potatoes
cabbage & carrots

Milk Egg Gluten Sulphur Dioxide



Fruit salad
OR
Fruit



FRIDAY

MSC fish fingers
tomato ketchup
diced potatoes
garden peas & sweetcorn

Gluten Fish



Ginger cookie
OR
Fruit

Gluten



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served.

www.nottinghamshire.gov.uk/schoolmeals



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SPRING/SUMMER 2023

WEEK 2

WEEK COMMENCING

27 February, 20 March,
10 April, 1 May, 22 May,
12 June, 3 July, 24 July
14 August



Vegetarian meals are available upon request

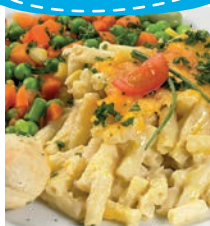
MAIN MEAL

DESSERT

MONDAY

Vegetable mac 'n' cheese
garlic bread
crunchy vegetables

Milk Soya Gluten



Chocolate mousse
& apple wedge
OR
Fruit

Milk



TUESDAY

Beefburger in a bun
jacket wedges
carrot sticks
ranch salad

Egg Gluten Milk Soya Sesame



Jelly & fruit
OR
Fruit



WEDNESDAY

Cheese & tomato quiche
roast new potatoes
carrot sticks
coleslaw

Gluten Milk Egg



Strawberry ice-cream tub
OR
Fruit

Milk



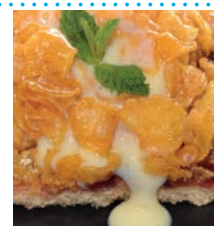
THURSDAY

Roast gammon & gravy
roast new potatoes
sliced carrots
green cabbage



Cornflake tart
& custard
OR
Fruit

Gluten Sulphur Dioxide Milk



FRIDAY

MSC Fish cake
jacket wedges
garden peas & sweetcorn
tomato ketchup

Gluten Milk Fish Mustard



Chocolate brownie
OR
Fruit

Gluten



ALSO SERVED DAILY: Best of both bread **Gluten** and **Soya** Seasonal vegetables available daily Coleslaw **Egg** when served.

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SPRING/SUMMER 2023

WEEK 3

WEEK COMMENCING

6 March, 27 March,
17 April, 8 May, 29 May,
19 June, 10 July, 31 July
21 August



Vegetarian meals are available upon request

MAIN MEAL

DESSERT

MONDAY

Quorn vegan dippers
roast new potatoes
sweetcorn
cucumber sticks

Gluten



Fruit
yoghurt
OR Fruit

Milk



TUESDAY

Nottinghamshire sausage
hotdog, jacket wedges
sweetcorn
cucumber sticks

Gluten Sesame Sulphur dioxide



Chocolate & orange cookie
OR
Fruit

Gluten



WEDNESDAY

Chicken pasta
garlic bread
carrot & cucumber sticks

Soya Gluten Milk



Strawberry slice
& pink custard
OR
Fruit

Milk Gluten



THURSDAY

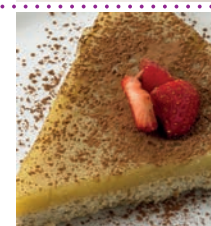
Roast pork, stuffing & gravy
mashed potatoes
roast potatoes
carrots & green cabbage

Gluten



Butterscotch tart
OR
Fruit

Milk Gluten



FRIDAY

MSC fish fingers
oven chips
garden peas & sweetcorn
tomato ketchup

Gluten Fish



Frozen yoghurt
& ice cream wafers
OR
Fruit

Milk Gluten Soya



ALSO SERVED DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served.

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