

# Emergency First Aid At Work



This first aid course will enable learners to preserve life, prevent worsening and promote the recovery of a casualty. The East Midlands Ambulance Service and the NHS are facing many challenges currently and the importance for first aid becomes even more important for the preservation of life. This course will meet the requirements of the Health and Safety Executive and the Resuscitation Council (UK). It will be conducted over 2 half-days (6 hours) in April. The details are as follows:



**Venue:** Holgate Primary School  
**Address:** High Leys Rd, Hucknall, Nottingham NG15 6EZ  
**Dates:** Wed. 17<sup>th</sup> & Fri. 19<sup>th</sup> April 2024  
**Time:** 12:00 – 15:00  
**Target:** Parents/Volunteers of Holgate Primary  
 (Course limited to 12 learners)

## Course Content:

- Roles and Responsibilities
- The Primary Survey: DR ABC
- CPR and Defibrillators (AED)
- Managing Choking and Shock
- Recovery Position & Secondary Survey
- Minor Injuries – Cuts, Bruises and Grazes
- Heart Attacks and Stroke
- Managing Burns and Seizures

**To Enrol, Scan QR Code or follow this Link:**

<https://inspireculture.picsweb.co.uk/app/Guest/SignUp/Applicant/37ee0e1b187c4a87bf0dafb58608855f?Course=12100>

**Or contact Mrs. Harvey at**  
**Holgate Primary School: 0115 963 8649**



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