

Holgate Primary School

High Leys Road , Hucknall, Nottinghamshire, NG15 6EZ



Mindfulness for Busy Parents

Wednesday 11 September 2019

6 Weeks

1.00pm – 3.15pm

Confidence Building

Wednesday 6 November 2019

6 Weeks

1.00pm – 3.15pm

Supporting Children with their Reading

Wednesday 8 January 2020

6 Weeks

1.00pm – 3.15pm

This course is perfect for anyone who supports a child to read. You may be a parent, grandparent, carer, or a volunteer in your local school.

Everyone welcome!



Advanced booking essential! Please contact

The Adult Community Learning Team on 0808 100 3646

Courses are for people aged 19 or over and are **FREE** for those in receipt of a means-tested benefit (proof required at enrolment). For people not in receipt of a means-tested benefit, the cost is £4.50 per hour.



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