

Sticky Knowledge

Spending time outdoors is proven to support positive mental health; 98% of teachers state that playing outdoors improves children's social skills and more than four-fifths say that it made children happier.

The recommendation for pre-school children is to be active for 180 minutes per day!

In the UK, it rains for 156 days per year, with an average rain fall 1154mm.

The hottest temperature in England was 38.5 C in August 2003.

Children spend half as much time playing outside than their parents did.

Children really grow and learn when they have permission and opportunities to take risk.

Risky outdoor play provides a unique environment where children figure out how the world works, learn to work with others and find creative solutions to problems.

Important Ideas

- Teamwork
- Imagination
- Creativity
- Rules
- Safety and Risk
- The importance of play

Always Abilities

Respectful, Resourceful,
Reciprocity, Respectful.

Crucial Connections

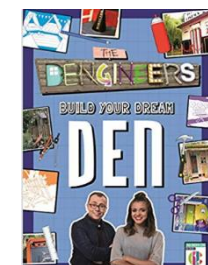
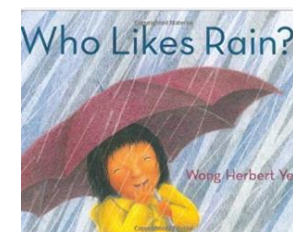
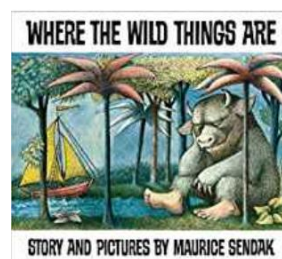
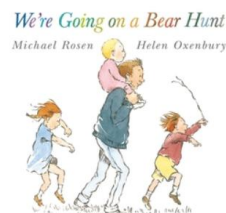
<https://www.nationaltrust.org.uk/for-families>

<https://sherwoodforestvisitor.com/sherwood-forest-holiday-tourist-attractions/things-for-families-to-do/>

<https://www.spreadthehappiness.co.uk/>

<https://www.english-heritage.org.uk/>

Reading Recommendations



Vital Vocabulary

Explore	To travel through an unfamiliar area in order to learn about it.
Teamwork	The combined action of a group, especially when effective and efficient.
Risk	A chance of getting hurt or losing something.
Senses	Any of five ways to understand or experience ones surroundings. The senses are touch, smell, taste, sight and hearing.
Environment	The things and conditions that are all around us. Everything that surrounds a particular living thing and effects it growth and health
Resilience	Resilience is what helps you cope through challenging times.
Boundaries	Something that marks the edge or the limit. A limit to a behaviour or action.
Respect	Having or showing respect to people and objects; being polite.

Career Possibilities

Scout leader, Tree Surgeon, Gardner, Explorer, Conservationist, Play leader, Teacher, Builder, Architect.