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Dear Parent/Carers,

At Holgate Primary, the wellbeing of our families and children is important to us. Just before we broke up, we had a great time in school. All children completed a range of assemblies and lessons, with a focus on wellbeing and how we can look after ourselves and others. They had some great ideas and I am sure they would love to share them with you. As part of this, the children have looked at the book, 'Ishi- Simple Tip's from a Solid Friend.' Each child has created their own Ishi, and across our collaboration, some of our classes created their own Ishi stories, which can be viewed alongside the original story, on our Well-Being page, on the school website:

<http://www.holgateprimary.org/curriculum/wellbeing>

Now it is your turn! Today, your child's ISHI stone will be coming home and we are asking for you to take it on some adventures and create some pictures which show how you look after yours and others well-being! We are setting this as a TEAMS challenge and would love you to post the pictures for us to see! Maybe you could even have a go at creating your very own story.

We can't wait to see your Ishi adventures...

Mrs Wilson and Mrs Harvey
The Inclusion Team

